

**CITY OF LONG BEACH DEPARTMENT OF PARKS, RECREATION AND MARINE
LONG BEACH SENIOR CITIZEN ADVISORY COMMISSION**

MINUTES

Long Beach Senior Center
1150 E. 4th Street
Long Beach, CA 90802

July 14, 2005
9:00 a.m.

I. CALL TO ORDER

Commissioner Higginson, Chair, called the meeting of the Senior Citizens Advisory Commission to order at 9:00 a.m. at the Long Beach Senior Center.

II. FLAG SALUTE – Commissioner Yolken, Vice-chair, led the flag salute of the Senior Citizens Advisory Commission

III. ROLL CALL / WELCOME OF GUESTS

The following Commissioners responded to roll call and confirmed a quorum.

Patricia Bergendahl, 6 th District - Excused	Rabbi Sidney Guthman, 3 rd District - Excused
Barbara J. Bolin, 9 th District - Excused	Mary Hernandez, 7 th District
Henry Brunner, 7 th District	Nancy Higginson, 3 rd District
Rose Cabanban, 7 th District	Vivian Linderman, 8 th District
Florence Dodge, 3 rd District - Excused	Teresa Munoz, 2 nd District - Excused
Rita Ellner, 2 nd District	Lu Wall, 3 rd District
Teodoro Felix, 1 st District	Berry Yolken, 3 rd District

Staff

Belem Solis, Superintendent
Erin Wilson, Apple One Clerk

Guests

Pat Gallagher, Senior Coordinator
Shelley Hellen, Supervisor
Helen Barree, Senior Coordinator
Renee Henderson, Recreation Assistant
Mia Tauvaa, Recreation Assistant

IV. APPROVAL OF MINUTES – JUNE 9, 2005

No revisions made to the June 9, 2005 minutes.

V. GUEST SPEAKER (S)

Mr. John McKinney, United States Postal Inspector, Long Beach Domicile, L.A. Division

Mr. McKinney reported on mail fraud, identity theft, consumer fraud by phone or mail, and the sanctity of the seal of the mail. He emphasized that the most important thing a person can do to ensure safety, security and integrity of the U.S. Mail, is to be aware and stay informed. He suggested utilizing the free credit report offered to every consumer once per year. Mr. McKinney left several brochures, pamphlets and guides with excellent information for consumers and businesses as well. For assistance with postal-related problems of a law enforcement nature, please contact Inspection Service Division, Southern California Division: (626) 405-1200 or fax: (626) 405-1207.

VI. PUBLIC DISCUSSION

The Senior Citizen Advisory Commission had no Public Discussion for the Month of July.

VII. CORRESPONDENCE

- A. The Senior Citizen Advisory Commission had no Correspondence for the Month of July.

VII. STANDING COMMITTEES

- A. Legislation – Commissioner Munoz and Mary Hernandez

Commissioner Munoz and Commissioner had nothing to report for the Month of July.

- B. Transportation – Commissioners Bolin and Linderman

Commissioner Linderman reported on a workshop for older adults in the MemorialCare Senior Plus Program at Long Beach Memorial Hospital. She also made report of the Administrators at Long Beach Transit who will be consulting with the Long Beach Strategic Plan for Older Adults as it improves or develops new services or routes. (Attachments)

- C. Health Care – Commissioner Yolken

Commissioner Yolken reported to the Commission of the establishment of the collaboration between The Department of Health and Human Services and the Greater Long Beach Chapter of the American Red Cross concerning the Mobile Nurse Program. This was an accomplishment made during a meeting between the parties hosted by Commissioner Yolken. The Mobile Nurse Program will begin during the month of August. (Attachments)

- D. Housing – Commissioners Felix, Wall and Cabanban

Commissioner Wall spoke of the Housing Authority of the City of Los Angeles applying their new payment standard to existing section 8 tenants beginning July 1, 2005. There will be an approximate \$100.00 increase. (Attachments)

Commissioner Cabanban reported on the 300-unit housing project along Pacific Coast Highway that will be specifically for first time low income, senior buyers.

- E. Safety and Crime Prevention – Commissioners Bergendahl, Guthman and Brunner

Commissioner Brunner spoke of Mail Fraud and encouraged everyone to read the pamphlets given out by Mr. McKinney, Postal Inspector. (Attachments)

- F. Quality of Life and Leisure – Commissioners Dodge and Hernandez

There was nothing to report for the month of July.

G. Community Relations – Commissioner Ellner

Commissioner Ellner gave information regarding a new computer program that helps seniors self-assess their “driving health” called “Roadwise Review”, a CD-ROM program developed by AAA and other transportation experts. (Attachments)

VIII. UNFINISHED BUSINESS

A. Senior Resource Directory – Commissioner Lu Wall

Commissioner Yolken announced that through efforts of Commissioner Linderman, Attorney McGuire, with California Elder Law Center, is providing all publishing funds for the first and second editions of the Senior Resource Directory. The first edition will go to print at Seaside Printing in approximately two (2) weeks.

B. By-Laws

Commissioner Yolken reported on the By-Law revisions but a decision was made to delay voting until the next general meeting to allow for reading and comparison of the original By-Laws by all Commissioners.

C. Strategic Plan for Older Adults

Commissioner Yolken reported that the Strategic Plan for Older Adults was presented at the City Council meeting on June 14, 2005. The Council accepted the plan. It will be incorporated into the City of Long Beach Strategic Plan.

D. Bio Form

Commissioner Wall announced that all Bio Forms should be completed and turned in to her before next meeting.

IX. NEW BUSINESS

Commissioner Higginson, Chair, introduced newly appointed Commissioner, Mr. Slettie M. Jones. Commissioner Slettie was selected by Councilwoman Rae Gabelich to represent the 8th District.

X. STAFF REPORTS

Belem Solis, Superintendent, on behalf of Chrissy Marshall, Bureau Supervisor, reported on Volunteers of America leaving the Senior Meals Program. Human Services Association has taken over the responsibility. The transition has been a smooth one.

Shelley Hellen, Supervisor, reported on senior activities and programs at the Long Beach Senior Center. (Attachments)

Helen Barree, Senior Coordinator, reported on senior activities and programs at the Houghton Senior Center and of the success of the donations made to Afghanistan.

Renee Henderson, Recreation Assistant, reported on the new Senior Nutrition site to begin on September 1, and the programs at Cesar Chavez. (Attachments)

Renee Henderson, Recreation Assistant, reported for Ellen Brown, Recreation Assistant at California Recreation Programs and it's upcoming Health Fair the second week in August.

Pat Gallagher, Senior Coordinator, reported on activities and programs at the Eldorado Senior Center. She also said that donations for their upcoming rummage sale on September 10, are currently being accepted.

Mia Tauvaa, Recreation Assistant, reported on programs and activities at the Silverado Senior Center.

XI. ANNOUNCEMENTS

Commissioner Wall announced that the Latino Club at the Long Beach Senior Center is offering a trip, scheduled for October 3, to Puerto Nuevo and Rosarito Beach. The cost is \$25, if paid on or before August 31, \$30 if paid after. There will be a \$5 discount for Latino Club members. For more information, call (562) 570-3514.

Commissioner Ellner emailed Councilmembers an invitation to attend the July Commission meeting. She will continue to do so for all future meetings.

XII. NEXT MEETING

The Executive Board meeting of the Senior Citizen Advisory Commission will be held on Thursday, July 28, 2005 at 9:00 a.m., at the Long Beach Senior Center. In attendance will be Commissioners Nancy Higginson, Berry Yolken, Lu Wall, and Rose Cabanban.

The General Commission meeting to be held at 9:00 a.m. on Thursday, Aug 11, 2005, at the Long Beach Senior Center, 1150 E. 4th Street, Long Beach, CA 90802.

XIII. ADJOURNMENT

Commissioner Higginson adjourned the meeting at 11:00 a.m.

Respectfully submitted,

Erin Wilson, Apple One Clerk
to Recreation Superintendent
c: Belem Solis, Recreation Superintendent of Parks Recreation and Marine